



ISTITUTO TUMORI "GIOVANNI PAOLO II"

ISTITUTO DI RICOVERO E CURA A CARATTERE SCIENTIFICO

Via Hahnemann, 10, 70126 Bari - ITALY



Department of
Critical Area and Surgery
Chair: Vittorio Mattioli, MD

3rd STUDY DAY ON CANCER SURVIVORSHIP

SEQUELAE IN CANCER SURVIVORS: FROM PREVENTION TO REHABILITATION STRATEGIES

ITALIAN PROJECT PIO7 "Rehabilitation Strategies in Oncology": early findings and results

Presentation of the ITALIAN RESEARCH PROJECT ON POST CANCER PAIN

Bari, September 30th - October 2nd 2010

Chairs: Vittorio Mattioli and Giuseppe Colucci

BACKGROUND

The improvement in cancer survival discovered a scenario of physical, psycho-cognitive and social sequelae and opened many questions on how to screen, treat, and prevent, these survival related problems. While US, Australia and some northern European Union Countries have already started to face these issues, other Countries such as Italy still need to take up this challenge, considering their social and cultural background.

To promote the knowledge on the survivors' issues, the Italian Ministry of Health approved and funded a Research Program on Cancer Survivors, entitling some National Entities to carry on the study in a three years period time. This Italian Program, named PIO 7 (Integrated Program in Oncology n. 7) was developed to survey all physical, psychological and social sequelae of adult long-term cancer survivors, disease-free, in follow-up since ≥ 5 years. The final goal of the project is to define both possible actions to prevent cancer sequelae and a rehabilitation plan to meet the cancers survivors' needs.

The general project includes six research projects submitted by the following entities: four National Cancer Institutes (NCI of Aviano, NCI of Milan, NCI of Bari, NCI of Naples), the Italian Institute

of Health, La Sapienza University of Rome, Department of Clinical Medicine; Cancer Patient Organizations (Italian Federation of Voluntary Associations in Oncology, FAVO, and Italian Association of Cancer Patients AIMaC, in Rome), four Local Governments (the Regions of Lombardia, Sicilia, Liguria and Emilia Romagna).

The 3rd Study Day on Cancer Survivorship "Sequelae in Cancer Survivors: From Prevention to Rehabilitation Strategies" will provide the opportunity to better focus on cancer survivors' issues and to deepen the current knowledge about the main strategies to prevent or cure these sequelae.

In Italy too much attention is still paid to physical rehabilitation whereas the need for a multidisciplinary approach combining physical exercise with psychological, clinical, physical, and social support is underestimated. Today variations in life expectancy have increased the number of new cases added each year, the introduction of new therapies into clinical practice has dramatically improved prognosis; hence the number of people with a history of cancer has boomed. According to estimates, their number will peak in Italy 2 millions by 2010. As in other Western countries, that increasing figure will inevitably have an impact on the health and welfare systems, which in turn will lead to increasing costs.

The present CME event, following the educational plan of the former two ones, should offer some points of reflection for a better coordination among oncologists and other primary care providers, and work towards a shared care model that can improve the quality of care delivered by the national health care system. In this way the nationwide research program PIO7 might play an important role in developing both a survivor-

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ship care plan at national level, and a better evidence base to direct health care management in cancer survivors.

In the cancer survivorship field, another project, referred to as the Italian Research Project on Post-cancer Pain (IRP-PcP), will start in Italy within 2010. The Study Group on Cancer Pain and Palliative Care of the Italian Society of Anesthesiology, Reanimation, Analgesia, and Intensive Care (SIAARTI), proposed and authorized an open label national multicentre research project for registering data on the incidence, onset, duration and clinical characteristics of pain, fatigue and other symptoms such as sleep disturbances in cancer survivors and their influence on QoL.

In this event it will be held the 1st IRP-PcP Investigator's Meeting to present both the research project protocol and the SIAARTI Study Group current policies to improve knowledge and management in Pain Medicine.

PURPOSES

The main purposes of this 3rd Study Day on Cancer Survivorship are:

- ✓ to present the current data of the all Entities who participate in the Italian Project PIO7 via a special session entirely addressed to the PIO7 Researchers;
- ✓ to present both the IRP-PcP protocol and the current policies to improve knowledge and management in Pain Medicine via a special session entirely addressed to the Investigator's Meeting of the SIAARTI Study Group on Cancer Pain and Palliative Care;
- ✓ to deepen participants understanding of the possible strategies for the prevention, treatment and rehabilitation of the long-term and late effects of cancer and its therapies with a special attention to the medical (oncological, cardiovascular, fatigue and post-cancer pain, etc.) and psychosocial issues;
- ✓ to define a potential collaboration in the research on cancer survivorship between Italian and American Experiences with the authoritative supervision of WHO.

TARGET

The CME Course is addressed to Medical Doctors, Psychologists and Nurses, for improving the knowledge about the issues of Cancer Survivorship. The American and Italian Chairmen and Speakers of this Study Day will present data and reports from the studies done in this field, particularly in the USA since the seventies, about Medical and Psychosocial Concerns and QoL, offering to the attendees a deeper understanding and appreciation for these aspects of Cancer Survivorship. Both the presentations and the discussions conducted by the Chairmen and Discussants will offer new perspectives and describe emerging approaches to meet Cancer Survivors needs and help them manage cancer related sequelae.

CME CREDITS

The Study Day CME Committee will ask for obtaining accreditation by the Italian Ministry of Health in compliance with the national CME regulations. Credits will be assigned to the attendees to all sessions who did complete both the entrance and exit CME tests. The attendance will be verified by signature both at the start and the end of the sessions.

FEE/REGISTRATION

The participation at the CME event is free, while the registration is obliged.

Once the maximum number of participants has been reached, registration will be closed and the organizing secretariat will promptly contact those participants exceeding.

The number of participants will be 80, divided as follows:

n.30 Oncologists/Anesthesiologists

n.20 Psychologists

n.30 Nurses

Participation will be free for students of the Degree and Specialization Courses of Disciplines related to the Study Day's topics, and to the Patients and registered members of Voluntary Organizations in Oncology.

POSTER SESSION

A Poster Session (size 70 x 100 cm) about the issues of the Study Day will be held in the Congress lounge for the duration of the event. A Scientific Commission will judge the posters, and an official award will be assigned to the worthiest poster based upon originality, research accuracy and innovation.

Posters will be exposed by 9.00 a.m. on October 1st and they will stay through the meeting in the conference hall.

Poster' abstracts (English language, max 2500 fonts, included spaces, max 4 references) will have to submit

within September 20th, only by email to the following addresses:

criticare@oncologico.bari.it m.longo@oncologico.bari.it educom@oncologico.bari.it

Both the registration of the first author and his presence are compulsory, otherwise no prize will be awarded, with exception for the foreign Authors, who can't really attend this event. These posters will be well accepted, but with no possibility of award.

SERVICES FOR PARTICIPANTS

The Study Day will take place at the Meeting Hall of the NCI "G. Paolo II" of Bari.

During the Meeting, translation will be provided from English to Italian and vice versa for the scientific sessions indicated in the program.

SCIENTIFIC COMMITTEE

Giuseppe Colucci

Chair of the Department of Medical Oncology NCI IRCCS "G. Paolo II", Bari. Italy

Amedeo Costantini

Coordinator, Study Group on Pain Medicine and Palliative Care of the Italian Society of Anesthesiology, Re-animation, Analgesia, and Intensive Care (SIAARTI)

Raffaella De Franco

Chair of Bioethics, University of Bari. Italy

Patricia A. Ganz

Professor, Schools of Medicine and Public Health UCLA Los Angeles, California. USA

Vittorio Mattioli

Chair of the Department of Critical Area & Surgery NCI IRCCS "G. Paolo II", Bari. Italy

Angelo Paradiso

Scientific Director NCI IRCCS "G. Paolo II", Bari. Italy

Julia H. Rowland

Director, Office of Cancer Survivorship National Cancer Institute, NIH/DHHS Bethesda Maryland. USA

M. Cecilia Sepulveda Bermedo

Senior Adviser of Cancer Control World Health Organization, Geneva. Switzerland

Kevin Stein

Director, Quality of Life and Survivorship Research ACS, Atlanta, Georgia. USA

CME COMMITTEE AND MEETING ORGANIZATION

NCI IRCCS "Giovanni Paolo II", Bari. Italy

Luciano Grammatica & Vittorio Mattioli, CME Coordinators

Patrizia Nardulli CME O.U.

Marisa Longo, Annamaria Quaranta, Annalisa Moramarco

Meeting Organization-phone/fax +390805555384; email educom@oncologico.bari.it

VENUE

NATIONAL CANCER INSTITUTE IRCCS "GIOVANNI PAOLO II"

Meeting Hall, Viale M. Amoruso, 70124 Bari – Italy

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September 30 2010
Investigators' Meeting of the SIAARTI Study Group on Cancer Pain and Palliative Care
Presentation of the Italian Research Project on Post Cancer Pain
Afternoon session

3.00 - 6.00 pm

Chairmen: A. Costantini, F. Paoletti

- *Report of the Study Group activity and introduction of the draft for the educational journey in Pain Medicine for the attendees of the postgraduate course in Anesthesiology* **R. Mediatì**
- *Research Project on "Post Cancer Pain": analysis of the protocol, early results and criticality* **V. Mattioli**
- *Analysis of 2003 SIAARTI Recommendations for assessment and treatment of Chronic Cancer Pain – updating proposals* **G. Savoia**

Discussion

October 1-2 2010

3rd STUDY DAY ON CANCER SURVIVORSHIP

ITALIAN PROJECT PIO7 "Rehabilitation Strategies in Oncology". Early findings and results presentation.
SEQUELAE IN CANCER SURVIVORS: FROM PREVENTION TO REHABILITATION STRATEGIES.

CME COURSE

Chairs V. Mattioli, G. Colucci

October 1

Morning session

8.30 – 10.30 am

Chairs V. Mattioli, G. Colucci

CME Participants Registration and Entrance CME Test

Posters exhibition

Welcome and Introduction Opening Remarks

- *Cancer Survivorship: WHO policies and future perspectives* **M.C. Sepulveda Bermedo**
11.00 am -2.00 pm

PIO7 Investigators' Meeting

ITALIAN PROJECT PIO7 Rehabilitation Strategies in Oncology: Early Findings and Results

Chairmen: U. Tirelli, M.C. Sepulveda Bermedo

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| ▪ CRO, Aviano | U. Tirelli, A. Annunziata |
| ▪ NCI, Bari | V. Mattioli, R. Montanaro/F. Romito/C. Cormio |
| ▪ NCI, Naples | F. De Falco |
| ▪ NCI, Milan | A. Micheli |
| ▪ NIH, Rome | R. Capocaccia |
| ▪ La Sapienza University, Rome | M. Muscaritoli |
| ▪ AIMaC-FAVO, Rome | F. De Lorenzo <i>White Book of the Rehabilitation in Oncology</i> |

Afternoon session

3.00 - 6.00 pm

SEQUELAE IN CANCER SURVIVORS: FROM PREVENTION TO REHABILITATION STRATEGIES.

Chairmen: A. Paradiso, K. Stein

- *What are Cancer Survivors telling us?* **J.H. Rowland** (live presentation by Skype connection Bari-Bethesda)
- *Cancer Survival rates in the world: differences, mismatches, and methodological mistakes.* **L. Bisceglia**
- *A personalized Medicine to prevent late effects of cancer and its treatments* **P. Ganz**
- *Behavioral changes in cancer survivors life style* **K. Stein**
- *Working before and after cancer* **M. Piccioni**

Debate

6.00 - 7.00 pm

Who are cancer survivors? Italy - USA comparison of experiences.

Chairmen: G. Colucci, V. Mattioli

Discussants: U. Tirelli, L. Grassi, P. Ganz, K. Stein

October 2

Morning session

9.00 – 13.00 am

SEQUELAE IN CANCER SURVIVORS: FROM PREVENTION TO REHABILITATION STRATEGIES.

Chairmen: L. Grassi, P. Ganz

- *Aeger numquam, civis semper* **R. De Franco**
- *Integrative strategies in a tertiary prevention of cancer: a survivorship program* **F. Giotta**
- *Psychological Rehabilitation* **L. Grassi**
- *Intimacy and Sexuality in long-term cancer survivors* **P. Ganz**
- *Targeted therapies and quality of survival* **N. Silvestris**
- *Management of cardiovascular sequelae* **S. Oliva**
- *Physical Rehabilitation in PMS (Post Mastectomy Syndrome)* **J. P. Belgrado**
- *Chronic Pain in Cancer Survivors: potential treatment strategies* **V. Mattioli**

Discussion

Poster Prize Giving and Closing Remarks

Exit CME Test

The Chair

